



Westlands Primary School Newsletter



Week 12 – 12/06/20

Dear Parents/Carers,

This week we welcomed back some of the children to school. We now have 3 key worker pods and our 3 EYFS pods. The children have coped very well with the changes to school, including the environment and the change to entering and exiting the building! We look forward to welcoming back year 1 on Monday the 15th and year 6 on Thursday the 18th.

Please can we ask that you remember to use the correct gates to enter and exit the site. This is for the safety of everyone and to protect children, staff and you.

Thank you for your continued support
Westlands Primary School

EYFS have been set up with a Google Classroom account. You will be sent the code to log in. On here we will be uploading Phonics lessons that mirror what is being taught in school now that some children have returned.



Please use the correct Gates when Entering and Exiting the school site. The gate by the Nursery is CLOSED. You should be entering via the pedestrian gate next to the main school gates and leaving via the pedestrian gate at the bottom of the school field or if your child is in EYFS, via the gate at the top of the car park.

SAFETY

What parents need to know about

NETFLIX

18+

The account holder must be 18 or over.

Launched in 1997, Netflix is now one of the world's leading online streaming services, providing users with unlimited access to a huge selection of TV shows and films. It's available on any internet-connected device that supports the Netflix app, from smart TVs and games consoles to tablets and smartphones, and is becoming increasingly popular with a younger audience. This is unsurprising given consumer attitudes are changing more towards video-on-demand (VOD) services. That's why we've created this guide to help parents and carers understand exactly what Netflix is about.

Inappropriate content

Netflix hosts and produces content for all ages. It has a wide variety of film and TV programmes for young children, teens and adults and its extensive catalogue can provide hours of entertainment. Children can search for almost anything but if they share the same account as an adult, it can also open them up to viewing material that is adult-themed or inappropriate. Netflix doesn't check who's watching so children could access films or TV shows that contain violence, nudity or foul language.



Risk of hacking

With millions of users in over 190 countries, Netflix is often targeted by hackers and phishing scams which try to hijack usernames and passwords to gain access to accounts. If successful, hackers can steal payment details or try to sell your data on the dark web, providing others with the opportunity to profit. Given Netflix doesn't provide 2-factor authentication, it's important to ensure your login details remain secure.



Binge-watching

With the ability to access Netflix on almost any device, it can be easy to fall into binge-watching TV series, with users finding it difficult to turn it off without knowing what happens next. The autoplay function also means that the next episode usually plays within seconds of the last ending and the Netflix algorithms mean that recommended programmes are very often similar to those you've watched. This can easily lead to spending hours in front of the TV through the day or staying up through the night, potentially affecting sleep, mood and the ability to concentrate the next day.



Screen addiction

In addition to binge-watching, the fact that Netflix is available on almost any device with an internet connection means that parents may find it difficult to prise children away from a screen. With a huge collection of children's TV programmes and the latest film titles, children could end up watching on the TV, continuing on the tablet and finish on their games console. Increased screen time means that they may spend less time learning, playing outside, finding it difficult to sleep or communicate less with family and friends.



Netflix party

Netflix Party is a free extension on Google Chrome that gives users the ability to watch a film or TV show online simultaneously with friends or family in different locations. It also provides the ability to chat to each other during the stream. Users can create a party and send a link to people they want to watch. However the link can be copied and distributed. Further, members could potentially be open to a group chat with people they don't know. It should be noted that Netflix Party isn't an official Netflix product and needs to be downloaded separately to the app.



#WakeUpWednesday

Safety tips for parents & carers

Create a Netflix Kids experience profile

One of the biggest advantages of Netflix is the ability to control what content your children can watch. Setting up a Netflix Kids experience profile means that children only have access to TV shows and movies which have been carefully selected for kids. The look and feel of the app is simpler and children can't access any account settings.



Set maturity ratings & block content

If your child is a little older, parents can create a separate profile to their own and set a maturity rating that means children will see only TV shows and movies that fit that rating. The three categories of rating for the UK are Kids, UK, U, PG, Icons (2), Guidance, Restricted (15), 16, Mature, Adults. You can also block specific TV shows and movies from individual profiles which means they don't show up in the browse or search results.



Have an open & honest conversation

Parents can review the TV shows and films that have been watched on each profile under their account. If your child seems upset or shocked by something they've seen or if you are concerned about anything they've viewed, try to talk to them about it and have an open and honest conversation to help understand any concerns.



Switch off autoplay

Netflix has two autoplay features that can be switched on and off across different accounts and takes effect across all devices. Parents can disable the ability for consecutive episodes to play automatically and for previews to play when browsing. Both can help to limit the amount of time children spend on the app.



Lock your profile

It's important to keep your own account secure so that children can't freely switch between profiles and potentially access more adult-themed content or change account settings. Parents can set up a Profile Lock PIN which means only they can access their own Netflix account.



Set screen time limits

Although switching off autoplay will help to stem programmes playing continuously, children can just as easily choose to play the next episode themselves. Whilst Netflix has no options to help limit viewing time, many devices now allow parents to set screen time restrictions, so you can switch off the app automatically when you think they've had enough.



Meet our expert

Pete Bach is a writer with over 10 years in research and analysis. He has contributed to the most respected news outlet in the UK, the BBC, and has been cited in several major news profile cases in court as well as writing as a subject matter expert for industry handbooks.



Create a strong password & always log out.

Given that Netflix doesn't use 2-factor authentication, the need for a unique username and strong password is even more important. Try to use a different password to ones you've used before and use a mixture of numbers, letters (uppercase and lowercase) and symbols, with a minimum of 8 characters. Always log out when using your account so that if your device is lost or stolen, your account remains inaccessible.



BE AWARE!

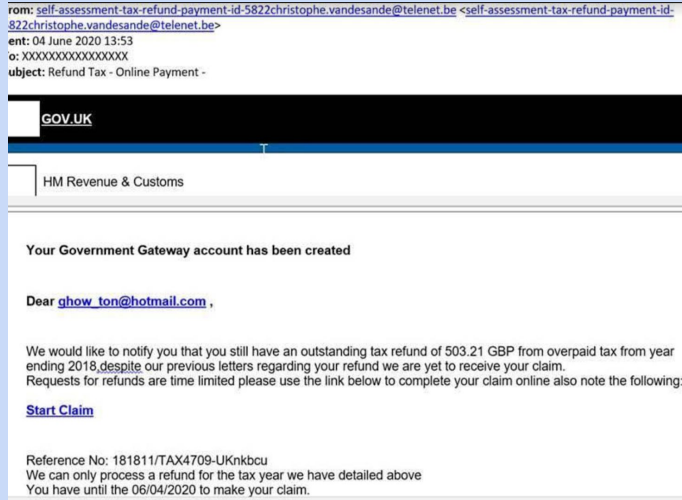
Please be aware of 4 of the most relevant alerts this week. One relates to TV licence scams and 2 others relating to HMRC scams, which have been in the increase again. The fourth relates to a bereavement scam.

1. Alert 1 - PHISHING EMAIL TV LICENSING - The emails purporting to be from TV Licensing claim that the recipient's direct debit has failed and that they need to pay to avoid prosecution. Recipients are told that they are eligible for a "COVID19 Personalized Offer" of six months free. The messages contain links to genuine-looking websites that are designed to steal personal and financial information.

2. Alert 2 HMRC Phishing Email - CIFAS (the UK's leading fraud prevention organisation) are warning of a new HMRC scam. This scam appears to be specifically targeting people who are out of work or working less due to coronavirus, and is offering £1,000s in grants. The recipient is told to click on a link to check their eligibility, and answer questions that are designed to steal personal information. CIFAS are stating that this scam comes from the email address "HMRC@hotmail.com", but as new frauds spring up every day, this could change.

BE AWARE!

3. Alert 3 – HMRC Phishing Email - The below is another HMRC phishing that was recently received by a resident in Ashford. As you can see the email address that this was sent from was not an official [GOV.UK](https://www.gov.uk) email address.





BE AWARE!

4.. Alert 4 – Bereavement scams – From CIFAS - Although I am not aware of this in Kent, CIFAS have stated that elsewhere around the country, fraudsters are targeting families organising funerals for loved ones by contacting them and purporting to be from their local authority's bereavement services team and asking them for credit card details to pay their funeral director. These criminals are then putting families under pressure by telling them that the funeral will be cancelled if they don't pay immediately. As a result, a number of councils put out urgent warnings this week on their social media channels warning about the threat.

UPDATE



This week our youngest key worker pod had some little visitors.

We had Duckling eggs!!

The children are looking after them and will be writing a diary to show the other children in the school what is happening.

Over the course of the day on Tuesday they all hatched! All the ducklings are happy and healthy and we left them all snuggled up together underneath their heated bedroom!



UPDATE



Donald



Dappy



Dorothy



Daisy



Daffy



Donut



Can any of you
write a poem
about lockdown
life?

Thank You for the Poems
For Arlene

Thank you Arlene for your wonderful poems
the clever ways you make words rhyme,
The relevant things you write about
that we all share at this unusual time.

Your playful use of many words
are lovely to read and make us smile,
Such a beautiful way to share with us
the things you've been up to all this while.

You spoke of finding adventure while staying at home
time spent on the little - big things,
Games, baking, nature and family time
and the happiness and enjoyment this brings.

You're right that we'll look back one day
and speak of these times as long ago,
We'll speak of the ways we worked safely together
and how we used kindness to **Follow the Rainbow**.

As we all get used to the new **Words and Phrases**
We all try to fully comprehend,
How we can find ways to show we care
with the letters and cards we can send.



**Mrs Huggens has
been inspired by Mrs
Piesley and has
written a poem in
response to hers**

With patience and hope we're all looking forward
remembering though it's not about haste,
There are so many things where we'll now feel more thankful
when we're **Ready to Recycle** our garden waste.

We'll support each other and stand together
as Compassion, kindness and love ascends,
It will not be long and the time will come
when we can again embrace family and friends.

Poem by Paula Huggens

60 Second Challenge Catch and Clap

Which skills do you think will be key to succeed?

The Physical Challenge

How many times can you throw a ball up, clap once and catch it in 60 seconds?

The ball must go above your head. If you drop the ball, carry on counting your score from where you left off.



#StayHomeStayActive

Equipment

A ball

If you do not have a ball use a toilet roll or pair of socks.

Achieve Gold

35 catch and claps



Achieve Silver

25 catch and claps



Achieve Bronze

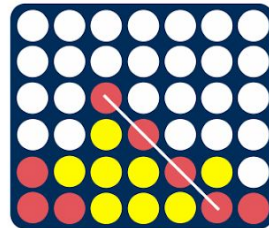
15 catch and claps



Throw/Roll an object into a target 15 times in a row	Complete 25 shuttle runs	Perform 50 sit ups	Balance in a plank position as long as possible	Perform 50 mountain climbers	Pass a ball around your waist 50 times	Move up and down 200 steps
Play a game of Boccia	Create a short gymnastics sequence	Learn a karate sequence	Play a game of throw tennis	Write and perform a sports anthem	Plan and make a healthy meal	Design a new sports kit
Play a game of charades	Squat the 3, 5 or 9 times table	Find 5 verbs in a book and perform the actions	Research the rules of a new sport	Jump and call out prime numbers	Hop / Lift Knee and complete 5 subtractions	Watch a sports event and write a review
Tap a ball on a racket 50 times	Balance on both legs for 60 seconds	Jump over a pillow 60 times	Dribble a ball through 3 objects, 10 times	Throw and catch a ball 25 times	Perform an online fitness exercise	Play 10 pin bowling
Paint or draw a sports picture	Play active noughts & crosses	Research and perform the Haka	Create a tower with Lego or blocks	Play musical statues or musical chairs	Have a running race	Build a den
Run/Move on the spot for 60 seconds	Jump on the spot 25 times	Perform 25 squats	Skip for 60 seconds	Perform 25 star jumps	Speed bounce for 60 seconds	Hop / Lift Knee for 60 seconds

How to play:

- Each player chooses a colour; red or yellow.
- Players take turns to choose an activity starting from the bottom row. Once they have completed the activity they mark it off with their colour.
- Players can not choose an activity from the row above until the one beneath has been completed.
- Can you be **honest** and complete each activity correctly?
- The first player to get 4 in a row; horizontal, vertical or diagonal is the winner.





Hi Everybody!

I hope you and your family are keeping well.

We've been so lucky with the sunshine, and it's been wonderful seeing all of your creative ideas you have shared with us - well done to you all.

I have been spending lots of precious time with my family, playing games, competing in family quizzes etc.

My daughter had a very different, but fun lockdown 17th birthday.

My children have learnt to cook a variety of meals and desserts and we've enjoyed many walks together with our two dogs in the park.

It's been so long since I saw your smiley faces, I miss you all!

Stay Safe and hopefully I will see you all very soon.
Take care & keep smiling :)

Mrs Monk
xxx



Hi everyone!
I hope you are all well and doing
lots of fun things at home.
I've been doing quizzes, singing,
dancing and gardening. I even
uncovered part of my garden that I
didn't know existed - a secret path
and patio. I've also been doing
some DIY - I've put a chair back
together! Sadly none of my family
have been brave enough to sit on it
yet!

Missing you all!
Mrs Macmaster

WE MISS YOU



Hi Everyone!
I hope you are all safe and well
having fun learning at home and
some of you at school.

I have enjoyed going on long walks
each day and spent time planting lots
of flowers, so hopefully my garden will
be full of bright colours soon.

I have also been busy writing
poems and hope you have enjoyed
reading the ones in the newsletters.

Hope to see you all again soon!
Mrs Piesley



LET'S CELEBRATE

Home Learning.

Look at some of the amazing work that people have shared with us on Google Classroom – why don't you try some of these activities?

Harry listened to the story that Mrs Strachan read about the dinosaurs and decided he wanted to make one. He made it out of junk found in the house and painted it.

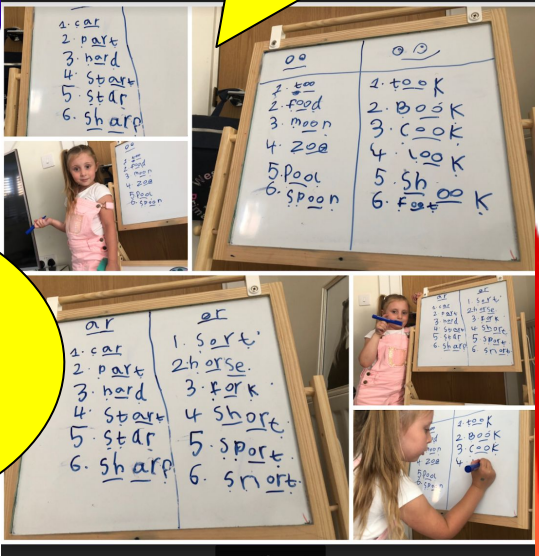


Daisy has created her own scientist!



Sophie made a bug hotel, it's occupied a well! Sophie got a bike and we go for daily rides. She helps with cooking and baking and is very keen on tidying up. She made up lots of imaginary friends in the garden. Sophie watches the stories on the Westlands Facebook page and Sophie loved seeing Mrs Strachan

Isabella in EYFS, has been working really hard with her phonics sounds!



Stars of the day



Millie for completing her Maths work

Layla for encouraging her class to take part in TT Rockstars

Harrison for sharing his work with us on Google Classroom

Sebastian for using the Year 6 spellings to create sentences and
Maths work

Ehi for completing her Maths work

Blake for his Maths and Reading work

Well done for going on Times Tables Rockstars!

Layla Bethany A Luke Oliver
Cariz Bethany S Tyler Millie
Jaidon Kaileigh Ehi Madinah

Our year 6
Home
learning
Stars



Book your space!

If you need a space at school for your son/daughter because you are a key worker or children can now attend in R, 1 and 6, please contact the school office. Children will NOT be able to just turn up.



Contact us

Please remember that although the school is closed to the majority of pupils, there is always someone at school if you need any help or to speak to us!

Please do not hesitate to contact us

01795 470864

wpsoffice@swale.at



Share your work with us!

EYFS – Please upload any photographs to your EexAt accounts

Years 1 – 6 – Upload any work to Google Classroom – If you need your Log in send a message via WEDUC.



Make sure you share any work you have been doing at home and see if you can spot it in next week's newsletter!

We are closed on Wednesdays