

## Westlands Primary School



A member of Swale Academies Trust

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VTP/ELB/School Dinner Day/Thursday 1st October 2020

23<sup>rd</sup> September 2020

Dear Parents and Carers,

Try a Meal Day on Thursday 1st October 2020

## **EYFS and KS1**

As you will be aware, all pupils in Reception and Years 1 and 2 are eligible for universal infant free school meals. We are currently working with our catering providers to begin providing hot meals again at lunchtimes and as part of this we would like to encourage all children in Reception and Years 1 and 2 who usually have a packed lunch to trial our new hot lunch option on Thursday 1st October 2020. Good food has been shown to lead not only to healthier, happier and more fulfilled children, but to improved educational attainment. Our school meal service ensures that the children are receiving the nutrition they require across the whole school day.

We believe that the school lunchtime is a great opportunity for all our children to sit down together and enjoy a healthy and tasty meal, whilst developing their social skills. We will therefore be providing all children in Years R, 1 and 2 the hot meal option on Thursday 1st October so they all get the opportunity to try the food. Even if your child usually has a packed lunch and would like to bring in their packed lunch, we would like all children to have a taster of our school menu and dessert on 1st October so this will be offered. Please see the additional menu information from Pabulum which will show the menu choices for the day - Favourites Day.

If your child will be trying a meal for the first time and they have any special dietary needs which you have not already informed the school of then please notify the School Office of any special requirements, so that we can update our records as soon as possible.

## **Key Stage 2**

If you have a child in KS2 you are able to book a school meal for this day as normal. Instead of the cold packed lunch options that are currently available the options for all children on Thursday 1st October will be the hot food option from the Pabulum menu for Favourites Day.

Please do not hesitate to ask at the School Office should you have any questions regarding universal free school meals.

Yours sincerely,

Mrs V Pettett

Head of School

Thursday 1st October

Fish Fingers with Oven Baked Chips Veggie Fingers with Oven Baked Chips V Vegetable Crudités V Whole piece of Fruit V

Chocolate Cookie V

