



Westlands Primary School

A member of Swale Academies Trust



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KAM/ELB/School Dinner Day/Thursday 6th October 2022

3rd October 2022

Dear Parents and Carers,

Try a Meal Day on Thursday 6th October 2022

EYFS and KS1

As you will be aware, all pupils in Reception and Years 1 and 2 are eligible for universal infant free school meals. **We would like to encourage all children in Reception and Years 1 and 2 who usually have a packed lunch to trial our hot lunch option on Thursday 6th October 2022.** Good food has been shown to lead not only to healthier, happier and more fulfilled children, but to improved educational attainment. Our school meal service ensures that the children are receiving the nutrition they require across the whole school day.

We believe that the school lunchtime is a great opportunity for all our children to sit down together and enjoy a healthy and tasty meal, whilst developing their social skills. We will therefore be providing **all children in Years R, 1 and 2 the hot meal option on Thursday 6th October** so they all get the opportunity to try the food. **Even if your child usually has a packed lunch and would like to bring in their packed lunch, we would like all children to have a taster of our school menu and dessert on 6th October so this will be offered.**

If your child will be trying a meal for the first time and they have any special dietary needs which you have not already informed the school of then please notify the School Office of any special requirements, so that we can update our records as soon as possible.

Key Stage 2

If you have a child in KS2 you are able to book a school meal for this day as normal. If your child is not entitled to means-tested free school meals, please log in to ParentPay to book and pay for your child's meal in advance.

Please do not hesitate to ask at the School Office should you have any questions regarding universal free school meals.

Yours sincerely,

Mrs K Mirams
Executive Headteacher

Special Menu

Favourites Day

6th October



Beef Burger in a Bun

Vegetable Burger in a Bun **ve**

Potato Wedges **ve**

Sweetcorn **ve** & Coleslaw **v**

Chocolate & Courgette Sponge
with Vanilla Custard **v**

Also available – Baked Jacket Potato
with Baked Beans **ve**
or Cheese **v**

You'll find super
healthy ingredients
in Pabulum Cakes!



BM1 & BM2

v - Suitable for vegetarians

ve - Suitable for vegans & vegetarians

pabulummm
HONESTLY GOOD FOOD