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VTP/SLC/ELB/PSHE & RSE/Years 1 & 2

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Dear Parents/Carers of children in Years 1 and 2,

We are writing to inform you that during Term 6 children at Westlands Primary School will be learning about 'changing me' from our published scheme of work for PSHE (Personal, Social, Health, Education)/RSE (Relationships and Sex Education) for the first time this year in line with the new government expectations.

We, along with the government, believe that an age appropriate, drip feeding of information is really important and would like to work in partnership with home to ensure that children are given a consistent message.

In this letter we will indicate what your child will cover in their year group during the unit, refer you to key documentation that you may wish to familiarise yourself with alongside an invite to attend an information sharing session for parents. It is important to note that, with only a couple of exceptions in upper KS2, the new scheme of work is statutory and parents cannot withdraw their children.

Key documentation that we encourage parents to read include:

- Jigsaw Parent booklet
- Relationships and Sex Education Policy
- RSE Scheme of Work
- Government RSE guidelines

Please see the table below, which outlines the learning intentions for each session:

Year 1 Piece/Lesson	PSHE/RSE learning intention	Social and emotional development learning intention
1. Life cycles	I am starting to understand the life cycles of animals and humans.	I understand that changes happen as we grow and that this is OK.
2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same.	I know that changes are OK and that sometimes they will happen whether I want them to or not.

3. My Changing Body	I can tell you how my body has changed since I was a baby.	I understand that growing up is natural and that everybody grows at different rates.
4. Boys' and Girls' Bodies	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus.	I respect my body and understand which parts are private.
5. Learning and Growing Puzzle Outcome: Piece 5 Flowers	I understand that every time I learn something new I change a little bit.	I enjoy learning new things.
6. Coping with Changes	I can tell you about changes that have happened in my life.	I know some ways to cope with changes.

Year 2 Piece/Lesson	PSHE/RSE learning intention	Social and emotional development learning intention
1. Life Cycles in Nature	I can recognise cycles of life in nature.	I understand there are some changes that are outside my control and can recognise how I feel about this.
2. Growing from young to old	I can tell you about the natural process of growing from young to old and understand that this is not in my control.	I can identify people I respect who are older than me.
3. The Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.	I feel proud about becoming more independent.
4. Boys' and Girls' bodies	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private.	I can tell you what I like/don't like about being a boy/girl.
5. Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like.	I am confident to say what I like and don't like and can ask for help.
6. Looking Ahead	I can identify what I am looking forward to when I move to my next class.	I can start to think about changes I will make when I am in Year 3 and know how to go about this.

The majority of the Relationship and Sex Education scheme of work is statutory (set by the government) so all pupils are required to participate.

Parent Presentation

Ordinarily we would have a meeting with parents to go through a presentation about the above; unfortunately, at the moment this is not possible. As such we will be sharing a presentation remotely with you on the following days/times (the presentation will last for about 30mins):

- **Tuesday 8th June 2021 1:30pm**
- **Tuesday 8th June 2021 4:30pm**

If you would like to join one of these presentations please complete the google form below, by **Monday 7th June** and we will send you an invite link.

<https://forms.gle/MFhPdWLNot6UeTLPA>

Please join the meeting with your microphone and camera off - we ask that you keep them off for the entire duration of the presentation.

We ask that you **do not record any part of the presentation** for copyright reasons and refrain from asking questions within the meeting and instead refer to the section below if you would like to raise a question with us so we are able to respond appropriately.

What do I do if I have a question?

We encourage parents to read all of the information above and watch the video during the presentation session if possible; if you have any questions following this please contact your child's class teacher, phase leader or the school office and we will respond as soon as we are able.

Yours sincerely



Mrs Clifton
Year 1 and 2 Lead



Mrs Pettett
Head of School