



# Westlands Primary School

A member of Swale Academies Trust



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SLC/KAM/ELB/Years 1 & 2/PSHE & RSE

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Dear Parents and Carers of children in Years 1 and 2,

We are writing to inform you that during term 6 children at Westlands Primary School will be learning about 'changing me' from our published scheme of work, 'Jigsaw,' for PSHE (Personal, Social, Health, Education)/RSE (Relationships and Sex Education) in line with government expectations.

Along with the government, we believe that an age appropriate, carefully considered, well planned progression of information is very important and we would like to work in partnership with you to ensure that children are given a consistent message to develop their knowledge and understanding.

In this letter we will indicate what your child will cover in their year group during the unit, refer you to key documentation that you may wish to familiarise yourself with alongside an invite to attend an information sharing session for parents. It is important to note that, with only a couple of exceptions in upper KS2 (Year 5 and 6), the new scheme of work is statutory and parents cannot withdraw their children.

Key documentation that we encourage parents to read include:

- Jigsaw Parent booklet
- Relationships and Sex Education Policy
- RSE Scheme of Work
- Government RSE (Relationships and Sex Education) guidelines

Please see the table below, which outlines the learning intentions for each session:

Year 1 Piece/Lesson	PSHE/RSE learning intention	Social and emotional development learning intention
1. Life cycles	I am starting to understand the life cycles of animals and humans.	I understand that changes happen as we grow and that this is OK.
2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same.	I know that changes are OK and that sometimes they will happen whether I want them to or not.

3. My Changing Body	I can tell you how my body has changed since I was a baby.	I understand that growing up is natural and that everybody grows at different rates.
4. Boys' and Girls' Bodies	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus.	I respect my body and understand which parts are private.
5. Learning and Growing Puzzle Outcome: Piece 5 Flowers	I understand that every time I learn something new I change a little bit.	I enjoy learning new things.
6. Coping with Changes	I can tell you about changes that have happened in my life.	I know some ways to cope with changes.

<b>Year 2 Piece/Lesson</b>	<b>PSHE/RSE learning intention</b>	<b>Social and emotional development learning intention</b>
1. Life Cycles in Nature	I can recognise cycles of life in nature.	I understand there are some changes that are outside my control and can recognise how I feel about this.
2. Growing from young to old	I can tell you about the natural process of growing from young to old and understand that this is not in my control.	I can identify people I respect who are older than me.
3. The Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.	I feel proud about becoming more independent.
4. Boys' and Girls' bodies	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private.	I can tell you what I like/don't like about being a boy/girl.
5. Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like.	I am confident to say what I like and don't like and can ask for help.
6. Looking Ahead	I can identify what I am looking forward to when I move to my next class.	I can start to think about changes I will make when I am in Year 3 and know how to go about this.

The majority of the Relationship and Sex Education scheme of work is statutory (set by the government) so all pupils are required to participate.

**What do I do if I have a question?**

We encourage parents to read all of the information above; if you have any questions following this please contact your child's class teacher, phase leader or the school office and we will respond as soon as we are able.

Yours sincerely

Ms Clifton  
Year 1 and 2 Lead

Mrs Mirams  
Executive Headteacher