



**Kent
Police**

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**Roads Policing Unit
Tactical Operations Command,
London Road,
Aylesford,
Kent ME20 7SL**

18 April 2023

RE: NPCC 2 Wheel Week

Dear Madam/Sir,

As part of the National Police Chiefs Council "Two Wheel Week" running 17-23 April, in collaboration with KCC Bikeability trainers, Kent police would like to make you aware of some educational tips around cycling.

Cycling is a great way of getting to school and can keep you and your children healthy and active, but it can also present risks to your safety. Hopefully these tips will help you make sure you and your bike are ready to get cycling to school.

- Consider riding routes with dedicated cycle paths to ensure the safety of young children and pedestrians.
- Ensure that your bicycle is roadworthy. If it has been unused for a while, ensure that the mechanisms such as brakes and gears are working and that tyres are inflated before starting any ride.
- Always wear a cycle helmet regardless of where you are cycling. All child cyclists and scooter users should always wear a helmet.
- Wear Hi-Viz or bright colours to help other road users to see you. Red is particularly visible to road users.
- Think about your positioning in the road and whether you can be seen by other road users.
- Effectively communicate with other road users, by using hand signals when turning. Try to make eye contact with other road users and pedestrians to ensure that they have seen you.
- If approaching pedestrians from behind, use your bell or a polite verbal warning to alert them to your presence.

For more information about Bike Ability please see [Cycle training - Kent County Council](#).



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We'd also like to take this opportunity to re-enforce the law around e-scooters. These are classed as Personal Light Electric Vehicles (PLEVs), which means they are treated as motor vehicles and subject to the same legal requirements, such as driving licence, insurance, number plates, lighting, road tax, crash helmets etc. Without these, e-scooters cannot be used legally on the road.

For more information about powered transporters and the law, visit www.gov.uk

We hope that these tips are of some use and help promote road safety.

Yours Faithfully,

Chief Inspector Craig West
Head of Roads Policing
Tactical Operations Command