

Let's see what's for lunch...

Monday	Main Meals	Vegetables
	Sausage & Mash with Onion Gravy	Sweetcorn & Peas Ve
	Tex Mex Vegetarian Sausage Hot Pot V	Dessert
	Pasta with Cheese Sauce V	Vanilla Ice Cream with Fruit Compote V
Tuesday	Main Meals	Vegetables
	Mild Chicken & Vegetable Curry with Steamed Rice	Cauliflower & Green Beans Ve
	Thai Vegetable Green Curry with Steamed Rice Ve	Dessert
	Jacket Potato with Baked Beans Ve	Fruit Burst Jelly Ve

Wednesday	Main Meals	Vegetables
	Honey Roast Gammon with Roast Potatoes & Gravy	Seasonal Greens & Carrots Ve
	BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy Ve	Dessert
	Wholegrain Pasta with Tomato Sauce Ve	Apple & Oaty Topped Crumble Ve with Custard V

Thursday	Main Meals	Vegetables
	Beef Bolognaise with Spaghetti	Broccoli & Sweetcorn Ve
	Homemade Vegan Burger in a Bun Ve	Dessert
	Jacket Potato with Cheese V	Chocolate & Beetroot Brownie V

Friday	Main Meals	Vegetables
	Fish Fingers with Oven Baked Chips	Peas & Baked Beans Ve
	Vegetable Burrito Wrap Ve	Dessert
	Pasta with Tomato Sauce Ve	Maryland Cookie V

Freshly Baked Bread:

Garlic & Herb Bread **V** Wholemeal Bread **V**

Week 1:

19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October

Monday	Main Meals	Vegetables
	BBQ Chicken Pizza	Sweetcorn Ve & Coleslaw V
	Margherita Pizza V	Dessert
	Jacket Potato with Tuna Mayonnaise	Chocolate & Courgette Sponge with Chocolate Sauce V

Tuesday	Main Meals	Vegetables
	Turkey & Vegetable Pie Topped with Puff Pastry	Cauliflower & Peas Ve
	Sweet & Sour Vegetables with Steamed Rice Ve	Dessert
	Wholegrain Pasta with Tomato Sauce Ve	Oat & Cherry Cookie Ve

Wednesday	Main Meals	Vegetables
	Roast Chicken with Roast Potatoes & Gravy	Seasonal Greens & Carrots Ve
	Cauliflower & Cheese Bake with Roast Potatoes & Gravy V	Dessert
	Pasta with Cheese Sauce V	Banana Flapjack Ve

Thursday	Main Meals	Vegetables
	Beef & Bean Chilli with Rice	Broccoli & Sweetcorn Ve
	Vegan Chilli Con Carne with Rice Ve	Dessert
	Jacket Potato with Baked Beans Ve	Apple & Parsnip Sponge V

Friday	Main Meals	Vegetables
	Battered Fish with Oven Baked Chips	Baked Beans & Peas Ve
	Vegetable Goujon with Oven Baked Chips Ve	Dessert
	Pasta with Roasted Tomato Sauce Ve	Vanilla Ice Cream with Peach Compote V

Freshly Baked Bread:

Carrot & Thyme Bread **V** Wholemeal Bread **V**

Week 2:

25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Monday	Main Meals	Vegetables
	Cottage Pie topped with Sliced Sweet Potato	Peas & Carrots Ve
	Macaroni & Cheese V	Dessert
	Jacket Potato with Baked Beans Ve	Sticky Banana Bread V

Tuesday	Main Meals	Vegetables
	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Cauliflower & Broccoli Ve
	Vegetable Jambalaya Ve	Dessert
	Jacket Potato with Salmon Mayonnaise	Chocolate Shortbread Ve

Wednesday	Main Meals	Vegetables
	Thyme Roast Chicken Breast with Roast Potatoes & Gravy	Seasonal Greens & Mashed Swede Ve
	Roasted Ratatouille with Crumble Ve	Dessert
	Wholegrain Pasta with Cheese Sauce V	Mandarin Jelly Ve

Thursday	Main Meals	Vegetables
	Beef Burger in a Bun	Sweetcorn Ve & Coleslaw V
	Vegan Bolognaise with Spaghetti Ve	Dessert
	Jacket Potato with Baked Beans Ve	Jammy Bread & Butter Pudding with Custard V

Friday	Main Meals	Vegetables
	Fish Fingers with Oven Baked Chips	Baked Beans & Peas Ve
	BBQ Vegetable Quesadilla V	Dessert
	Pasta with Tomato Sauce Ve	Chocolate Mousse V

Freshly Baked Bread:

Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 3:

3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

V - Suitable for vegetarians

Ve - Suitable for vegans & vegetarians

All products are subject to availability.

BM1

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

April 2022

Available Every Day

Fresh Fruit Platter **Ve**

Homemade Fruit Yoghurt **V**

pabulum

HONESTLY GOOD FOOD