

YOUR SAMPLE 3 DAY ITINERARY

DAY ONE

ARRIVE

Safety Brief & Welcome

Our instructors will discuss the key elements of Bushcraft and explain what the students can realistically achieve living in the wild. They will then have a safety briefing and familiarise themselves to their new surroundings.

Fire Lighting

The students will learn the basic principles of fire and the fire triangle. They will be shown a variety of ways fire has been made over years, and put this knowledge into practice, lighting fires in tribes using these methods.

LUNCH

Camp Craft / Camouflage & Concealment

This is a chance for the tribes to develop a tribal identity, making fun tribal flags, dances and songs. Students will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.

Shelter Building

The students will learn why we need shelter when we are living outside and the types of shelter from different societies and nationalities across the ages. Tribes will build their own shelter, using natural woodland materials.

SUPPER

Evening Games

The students will embark on a series of exciting night-time stalking exercises through the forest, challenging them to use the full range and scope of their senses and to work collaboratively in an unfamiliar setting.

Night-time Routine & Bed

The students will settle in to their safari-style camp and around the campfire exchange stories and songs. They will be provided with hot chocolate and marshmallows to roast over the open campfire.

Students sleep in bell tents or shelters.



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DAY TWO

BREAKFAST

Wilderness First Aid

The students will learn basic skills to cope with a medical emergency in the wild, including how to construct a simple stretcher from the items you have on you, and how to improvise an effective splint.

Cutting Tools

Students will learn about the different tools used in the field of Bushcraft, both primitive and modern, and reasons for their use. They will be taught safe handling techniques and will make their own tent peg.

LUNCH

Scenario SOS

The students will put their new skills to the test and work in teams, using navigation to locate a simulated plane-crash scene, where they will treat the casualties and make improvised stretchers to evacuate them back to camp.

Foraging & Bush Tucker Trial

You will have the chance to learn about what you can and can't eat in the woodland and you will forage items from the forest to make a Bushcraft salad.

SUPPER

Tribes Got Talent

This is a fantastic way to spend the final evening, participating in our trademark talent competition, in which each tribe performs a skit, dance or song which they will have been practicing all week. All the students enjoy themselves and it is always brilliantly amusing, and at times, astonishing, as the students show off their skills.

Night-time Routine & Bed

The students will settle in to their safari-style camp and around the campfire exchange stories and songs. They will be provided with hot chocolate and marshmallows to roast over the open campfire.

Students sleep in bell tents or shelters.

DAY THREE

BREAKFAST

Trap Making

The students will be taught why it is important to find food in remote settings, and how this has been achieved over the ages. Our instructors will demonstrate trapping methods, before each tribe designs and builds their own trap.

Bushcraft Challenge

The teams will participate in a series of fun but challenging initiative exercise that will really put them to the test, both mentally and physically. This is a great team-building activity and demands trust and communication.

LUNCH

Strike Camp, Leave No Trace

It is always important to make sure you leave the woodland as you found it so we will introduce you to our Leave No Trace procedures before you make your way home.

DEPART CAMP

The planned activity programme may be subject to change due to weather or other extenuating circumstances

The Bushcraft Company

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