

Westlands Primary School



Primary PE and Sport Premium

Action Plan 2022 - 2023

Westlands Primary School Sports Spending Plan 2022-23

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> ● To develop participation throughout the school in Swimming lessons ● To increase the amount of time that pupils are active for within the school day and week. ● To increase opportunities for intra-school competition (Covid Safe) ● Teamwork within sport to be developed further. ● Attend varied competitions for all years. ● Real Play to be embedded ● Embed the new community system throughout the school and have sport captains ● Real Leaders to take on more ownership at lunchtimes and break times ● To train all staff with Real Gym and have an expectation that this is taught weekly 	<ul style="list-style-type: none"> ● Teaching of the self rescue in Swimming and further improve the participation throughout the school in Swimming lessons ● Increase the opportunities for all pupils to compete in competitions ● Teamwork and healthy competition within sport to be developed further and make it a part of the school sport curriculum ● Improve the Real leaders and Sport leaders voice and input they have in the PE, PA and school sport the school offers ● Growth of PE department made by links to companies involvement

Swimming Results 2022-2023

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.	43%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	89%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	76%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes (hydro therapy and swimming clubs in the first couple of terms)

Academic Year: 2022/23		Total fund allocated:	Date Updated: 14th July 2023	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
				9.5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> To have every child involved and engaged in sport activities (Playtimes, lunchtime, School sport and Physical Education (PE) lessons) 	<p>Lesson observations/ observations during playtimes to observe the engagement of pupils</p> <p>To make a stock order of what lunchtime and break time equipment we have, to know what to order if anything needs replacing.</p> <p>Ensure all adults are encouraging pupils to be active and supporting them with the skills they need.</p> <p>Maintain/ improve the engagement two hours of Quality PE lessons a week.</p> <p>Use rewards to promote healthy competitions at break and lunch.</p>	£2000	<p>Break times have been observed throughout the year and some changes have been made.. The main change is introducing more team games at lunch and break times. Sports coaches have been reintroduced as part of student feedback.</p> <p>Equipment that is stored outside is now all accounted for. This makes sure that there is enough equipment for all the games offered to the children. We also know when to replace equipment</p> <p>In term 1 and 4 we ordered another lot of equipment for the children's lunchtime bags. This equipment then ensures that pupils are being active and working on their fundamental skills.</p> <p>At break and lunchtimes, we have promoted healthy competitions by letting children know what is on</p>	<p>Sports coaches are indicating to MDMS staff to give them ideas of the types of games that are engaging and inclusive. This will continue next year, as well as training new staff.</p> <p>Regular stock checks made by staff to address any equipment that is lost or needed for games. This will continue next year.</p> <p>The role of the coordinator is to ensure the quality of teaching has taken place. This will continue into next academic year.</p> <p>Competitiveness links with the school ethos, given children the experience of winning and losing, which is seen as a valuable life skill. Children are to review in terms 1, 3 and 5, lunchtime</p>

			offer every day. Timetables are reviewed every term.	games through a google form to ensure their views are heard and their needs are met.
<ul style="list-style-type: none"> To have a focus on healthy competition and team spirit to encourage those who are less keen. 	<p>Provide staff with more resources to encourage more team games during playtimes and run competitions.</p> <p>Provide lunchtime staff opportunities to learn more team games and competitive sports.</p> <p>Have sessions with local sports clubs to encourage and empower children to participate in different sports</p>	£2000	<p>The PE department in the school has been doing more training and questionnaires to allow staff to run teams games. From these questionnaires, each pupil has access to a playtime bag with equipment for both team and individual sports. Also they have got the children involved by showing a game in the class assemblies.</p> <p>In term 5 the mid-day meal supervisors (MDMS) had training on using STEP (Space, Task, Equipment, People) This allows the children games to be more inclusive and more tailored to them. Staff have been provided with a part of this budget to get the equipment they need to provide the children with team games and competitive sports.</p> <p>Lacrosse, archery and tri-golf were offered to upper ks2 to engage children in a new sport, giving healthy competition and team spirit. The new sports appealed to children who may not necessarily be engaged in sport.</p>	<p>Games taught in assembly are being viewed outside. This is something we will look to repeat in the next academic year.</p> <p>STEP is now being used outside regularly in all activities. All new members of staff will be told and taught STEP.</p> <p>Opportunities to arise for tag rugby festivals for the local area, as well as the local football leagues for both boys and girls. Broaden experiences the children have of sport around the local area.</p> <p>Due to the successfulness of children trying new sports, we have invested in some new lacrosse sets for the school, which offers classes the opportunity to participate in this during School Sport.</p>

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				4.7%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:		Sustainability and suggested next steps:
<ul style="list-style-type: none"> To raise the profile of sport at Westlands Primary School. 	<p>Work with the sport leaders to conduct questionnaires to gain a bigger pupil voice about what sports they would like and do not like. To improve the engagement in sport.</p> <p>Use of social media and the school website to celebrate events within the community</p> <p>Maintain and improve the real play sessions that have been embedded for parents to take part in.</p> <p>Offer our field/hall for competitions with other schools locally.</p>	£1000	<p>School games organiser was made aware that we could host competitions. We offered the Pool, halls and fields.</p> <p>Real play was reintroduced to parents on March 30th. More real play packs were brought to give them parents.</p> <p>Westlands primary entered 4 teams into a football league. This impacted the school as children could share their achievements with their parents. Children are writing their own match reports to be published. Kits and other football equipment were purchased to allow us to manage these teams.</p> <p>Also our school had an impact on this league as we offered our field for the games in which some schools don't have a football pitch to play on.</p>	<p>Facilities have been offered to local area schools through School Games. School will continue to have a well managed and engaging sports environment. Offer more inter and intra competitions to maximise the use of the facilities. Due to unforeseen circumstances, the pool has been unable to be used. Alternative provisions are being explored.</p> <p>Real play to continue next year, headed up by a member of staff who is now seen as the ambassador of Real Play at Westlands.</p> <p>School football league has been successful. It has been confirmed for next year, where we will be entering again.</p>

<ul style="list-style-type: none"> ● Increase the uptake of swimming at school and the percentage of pupils leaving in Year 6 being able to swim 25 metres 	<p>Promote swimming lessons and continue to offer after school clubs that give children more opportunities to learn to swim.</p> <p>Provide children with more opportunities to swim such as after school clubs, focus groups and parent swims.</p> <p>Work with the sports leaders to make a questionnaire about likes and dislikes of swimming lessons.</p> <p>Contact Swallows Leisure Centre to see if we can offer a self rescue workshop on top of the swimming we offer.</p> <p>Invite year 1 parents to swim with their children to improve water confidence ready for when they start class swimming in year 2</p>		<p>Brought new swimming supports and aids to encourage children to swim.</p> <p>In term 1 swimming focus groups started allowing us to target children that could use extra swimming lessons. Swimming clubs were held to also give children extra chances to swim.</p> <p>Most children had a term worth of lessons about being safe and safe rescue. This then gave children to learn about water safety and self rescue. Due not having access to swallows swimming pool.</p> <p>Due to the school being unable to use the pool. Year 1 and their parents did not get the chance to have parent swims ; the school could be without a pool long term.</p> <p>Due to the pool being closed children have had limited chances to swim this academic year.</p>	<p>School to look at alternative provisions so year 6 have the exposure to swimming and to understand water safety.</p>
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				40.1%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> To work with all staff to continue to upskill and improve confidence in teaching PE, School sport and swimming during lessons 	<p>We have training and support with Real Legacy for 1 more year.</p> <p>Give staff opportunities to attend relevant sports partnership CPD, especially new staff members as and when we can.</p> <p>Book staff onto a swimming level 2 courses, So we have more staff trained to teach/cover swimming</p> <p>Give staff a questionnaire/ google form to identify strengths and weaknesses when teaching PE (school sport, dance and gym)</p> <p>Looking at the teachers learning about nutrition to help pupils learn about leading healthy, active lives.</p> <p>Introduction of another member of staff to the PE department.</p>	£8000	<p>Real Legacy meetings have been set up through the year where the PE coordinator. Would ask for help/ training for staff when needed to ensure that teachers have the skill and confidence to teach PE. In Term 5 Real Legacy was renewed for another 2 years. This will impact our school as teachers will have 2 more years of support and training on the PE curriculum.</p> <p>Due to the school being unable to use the pool. Staff were not trained as swimming instructors; the school could be without a pool long term.</p> <p>PE books were introduced to show how much physical activity children partake in. They were responsible for self assessing their activity and logging it on a daily / weekly basis. Healthy eating was also introduced to log in the books, so children</p>	<p>Real Legacy will continue at school for a minimum of 3 years. This provides staff with training, knowledge and skills to teach PE and sport within our school.</p> <p>Within the Real Legacy, we have now been given a Nutritional chart and video, explaining healthy living / eating. This will be introduced in the next academic year.</p> <p>To maximise the PE department coverage of the school, the staff was introduced to work closely with early years, to build up their love of sport for when they move through school.</p>

			<p>were aware of all the healthy foods they were eating.</p> <p>The ongoing talks about food that we have in our school like Making healthy choices year R teach, And the cooking lessons in older years.</p> <p>Another member of staff was added to the PE department after expressing an interest when a staff questionnaire was sent out. This member of staff was based in the lower key stage, which helped with expressing ideas for that cohort.</p> <p>Staff videos were created by our Real Legacy lead, who explained how effective lessons were taught and how staff could progress themselves going forward.</p>	<p>Books ordered and managed on a termly basis to be moderated. Class teachers upload regular evidence onto the system. After moderation, if there are regular patterns of no / next to none physical activity, then that child's family can be offered a Real Play box or session in school.</p> <p>Videos to be accessible to all staff and given to new members of staff upon arrival to the school so they are all aware of the expectations of PE within the school.</p>
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				23.8%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Encourage all pupils to engage in a broad range of sporting and extra-curricular activities. 	Implement a different area of sport to focus on in the new school sport part of the PE curriculum (E.g. Net and wall)	£5000	A school sports lesson was added to the PE curriculum. This gave children a chance to experience different areas of sports each term and taught children sports they	The workshops we have done this year is something that is going to be brought into school again in the next academic year.

	<p>Improve the links we have with local sports clubs/companies and Contact different local sports clubs to see if they would be interested in running taster sessions for pupils.</p> <p>Buy into various sports workshops for day sessions</p> <p>Competitions with other schools in varied sports based from clubs.</p>	<p>didn't know about.</p> <p>Every term a club list was sent out to parents. Our school offered a minimum of 5 sport clubs per week per term.</p> <p>To enhance the relationship with local companies, TSC Sports coaches were introduced to engage children in sport and offer a range of new sports so children are exposed to a wider sporting curriculum.</p> <p>We have started our 6 month trial of BURSTS, which we are looking to continue, through our Real Legacy framework. We have invested heavily so that every pupil has access to the programme in and out of school. BURSTS is a Physical Education app that equips families with exciting, meaningful, personalised physical activities, giving them the confidence to enjoy playing and being active together.</p> <p>It provides ideas and support, with</p>	<p>Clubs to be offered next year every day after school, due to staff availability.</p> <p>Sports coaches are implemented and have been invited back the next academic year due to the successfulness of the impact they have had this year. It is sustainable because it is offering children the opportunity to try new sports that they may want to pursue in the future.</p> <p>Using our Sports Premium money for next year, we are looking to extend the 6 month trial, to a fixed 3 years, with the option of extending once the period is over.</p> <p>The school sport is embedded in the PE curriculum and will be offered for the foreseeable future.</p>
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			<p>the aim of stimulating imagination and self-directed joyful play. BURSTS encourages, rewards and nurtures behaviours that support physical literacy leading to a life-long love and commitment to physical activity.</p> <p>Bikeability Year 6 workshop - Term 6</p> <p>Total Sports Coaching (TSC) came into the school in term 6 and provided year 6 with some taster sessions.</p> <p>Kinetic circus was introduced to children this year, which enables children to be physically active.</p>	
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Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				14.3%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Introduce more opportunities for pupils to compete in healthy competition 	<p>Every term pupils compete in a sport they have been learning for the term in their communities.</p> <p>Competitions with other schools in varied sports based from clubs.</p> <p>Work with the Sports leaders to organise more competitions.</p> <p>Promote healthy competition healthy competition through the school communities in Inter competitions</p>	<p>£3000 - travel expenses.</p>	<p>Westlands primary signed up for Swale Girls Friendly Football league and Swale Boys Friendly Football league 2 boys teams and 2 girls teams registered in the league. This allowed children to compete in a football league, have new responsibilities and compete with a team across two year groups</p> <p>In term 5 healthy competition was introduced at lunch times by bringing TSC sports Coaches in to play some competitive sports. For Example football.</p> <p>Equipment was purchased for competitions around the school, as well as sports day.</p> <p>Real Leaders helped with Year R stay and play sports day where new equipment purchased specifically for that, was used.</p>	<p>The money set aside for travel was used elsewhere as parents were able to transport their own children to competitive outings. This will continue next year, unless the travel is too far for parents and becomes an issue. In this case, we will look at minibus hire for events.</p> <p>Money was evenly distributed for other sporting resources.</p> <p>Any repeat of competitions, means that the equipment that we have bought is already in school and can be used again.</p>

