



# Intent

The inclusion of PSHE and RSE in the primary school curriculum is vital to supporting our children and their needs as they grow and develop. In our school a mindful approach to PSHE is used and is a progressive and spiral scheme of learning. Through careful planning the lessons, it is ensured that learning from previous years is revisited and extended as well as adding new concepts, knowledge and skills, year on year as appropriate.

PSHE and RSE holds children at its heart, and its cohesive vision helps them to understand and value how they fit into and contribute to the world. With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health within a whole-school approach. The lessons also include mindfulness allowing children to advance their emotional awareness, concentration, focus and self-regulation.

# Implementation

## How are PSHE and RSE taught at Westlands Primary School?

Through a variety of opportunities and with the support of **Jigsaw**, PSHE and RSE are a weekly lesson taught throughout the school from Reception up to Year 6. The children are encouraged to participate in a largely speaking and listening based lesson, allowing them to explore their own thoughts and feelings on various topics, alongside being considerate of those shared by others.

Westlands Primary School follow the Jigsaw scheme of planning. This is a comprehensive scheme that follows a cyclical approach to planning through the use of six puzzle pieces.

These topics are:

- Being me in my world.
- Celebrating difference.
- Dreams and goals
- Healthy me.
- Relationships
- Changing me.

PSHE objectives are used widely across the school to promote friendship, kindness, anti-bullying, celebrating differences as well as coping with changes.

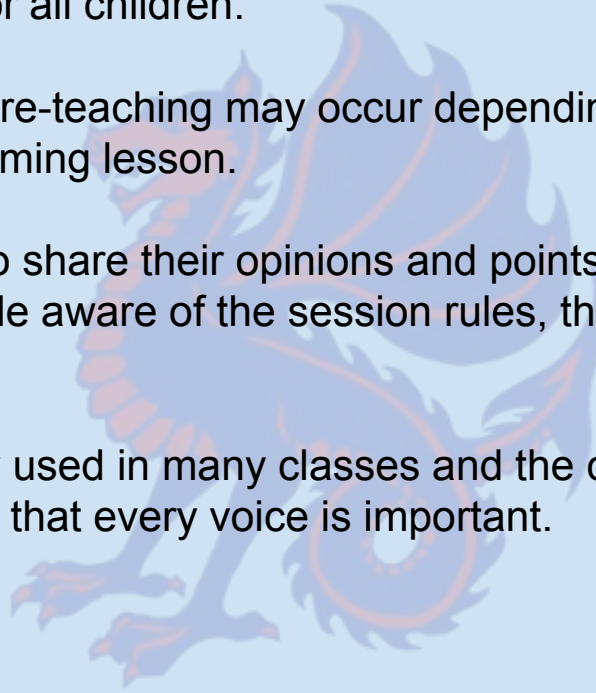
# Inclusive Practice - Bespoke for the subject

At Westlands Primary School we ensure that our PSHE and RSE lessons are a comfortable and valuable experience for all children.

When it is felt necessary, pre-teaching may occur depending on the topic that will be discussed in the up and coming lesson.

Children are encouraged to share their opinions and points of view during PSHE lessons, however they are also made aware of the session rules, through the school charter, at the beginning of every lesson.

Talking objects are actively used in many classes and the children can find this reassuring alongside the school ethos that every voice is important.



# Enrichment Activities

In PSHE we aim to provide opportunities for children to explore their learning in a more practical way. Some PSHE enrichment activities at Westlands Primary include:

- Thrive activities becoming part of everyday practice in the classroom.
- Thrive families activities.
- Lunch Clubs to promote social skills
- Assemblies based on topical themes that are appropriate to class behaviour / concerns.
- SEMH interventions supported by the work of the Jigsaw curriculum.

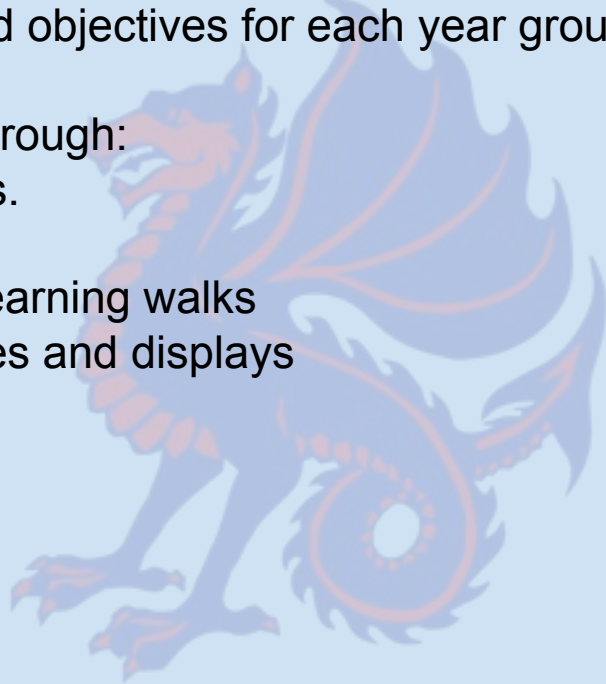
Enrichment activities often see high levels of pupil engagement in the subject and lead to high quality outcomes, as well as providing valuable and memorable experiences.

# Impact of your curriculum

At Westlands Primary we measure children's progression in PSHE against the core curriculum skills and objectives for each year group.

This will be evidenced through:

- Discussions in class.
- Pupil conferencing
- Observations and learning walks
- Completed outcomes and displays



# Impact of your curriculum

IBAT: Understand the need for rewards and consequences.

Rewards

- Someone's time
- Love
- School council
- Peer mediator
- Digital leader
- Holiday
- Thrive ambassador
- Dojos
- Respect
- Trust

The reward I would most like to receive is love or time because life would be depressing if you didn't have love or someone's time.

I think rewards and consequences are necessary in life because if you do something good it should be noted and rewarded and if you do something bad there should be a punishment so they don't do it again.

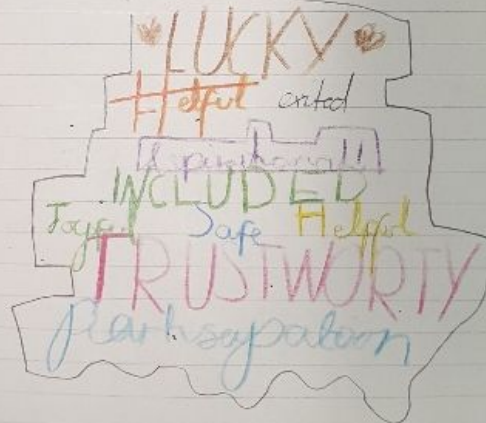
I can make choices about my own behaviour because I understand how rewards and consequences feel



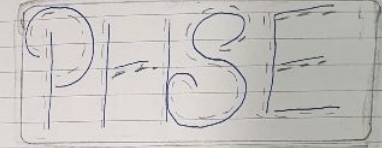
I understand that my actions affect me and others



IBAT: becoming a class team



Jun IBAT: understand my own wants and needs and be able to compare these with children in different communities.



I've won the lottery:

- I give people money who
- I will give money to the people who needs
- I get a pet
- school supplies
- hair care
- Art supplies
- skin care
- A car
- new house
- A bicycle
- new phone
- yorb
- new watch
- new clothes



# National Curriculum

PSHE and RSE are taught on a weekly basis throughout the school from EYFS to Year 6. The whole school maintain the focus of one puzzle piece for a whole term and all lessons are based around this concept, building on knowledge as the lessons progress.

Link to National Curriculum Coverage -

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

progression documents

[https://docs.google.com/document/d/1AN8RztiGt7YRrB9M2wokBL5wrm7I1S03?rtpof=true&authuser=leigh.daniells%40swale.at&usp=drive\\_fs](https://docs.google.com/document/d/1AN8RztiGt7YRrB9M2wokBL5wrm7I1S03?rtpof=true&authuser=leigh.daniells%40swale.at&usp=drive_fs)