



Physical Education

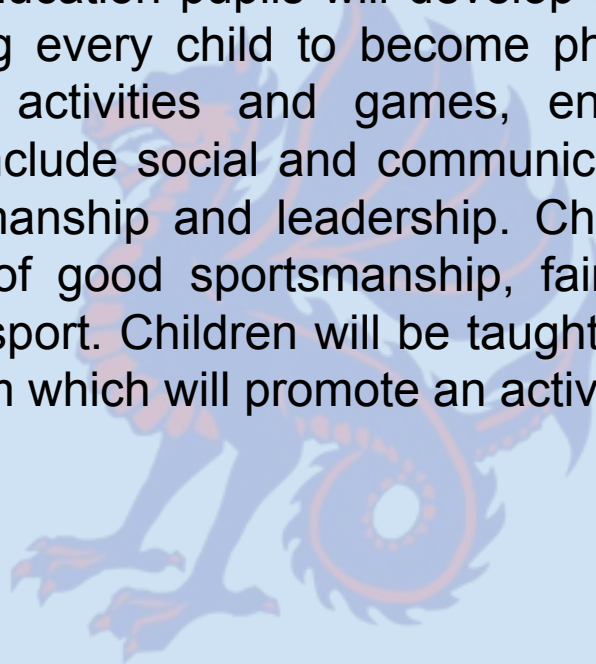
Westlands Primary School



Swale
ACADEMIES
TRUST

Intent

Through Physical Education pupils will develop basic balance, agility and coordination allowing every child to become physically active through a variety of sporting activities and games, ensuring core values are embedded. These include social and communication skills, creativity and imagination, sportsmanship and leadership. Children will demonstrate a greater awareness of good sportsmanship, fairness and respect whilst playing competitive sport. Children will be taught PE through an engaging and varied curriculum which will promote an active and healthy lifestyle.



EYFS Implementation

Physical development in the EYFS at Westlands primary school is implemented through a play based curriculum that is built around the interests of the children. Westlands Primary are lucky enough to have an extremely well resourced indoor and outdoor environment to support independent learning. Physical development is seen throughout all areas of the EYFS classrooms in ways such as messy play, fine motor focus activities, cooking, painting and learning through play.

The specialist EYFS staff understand that physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, coordination and positional awareness.

Implementation



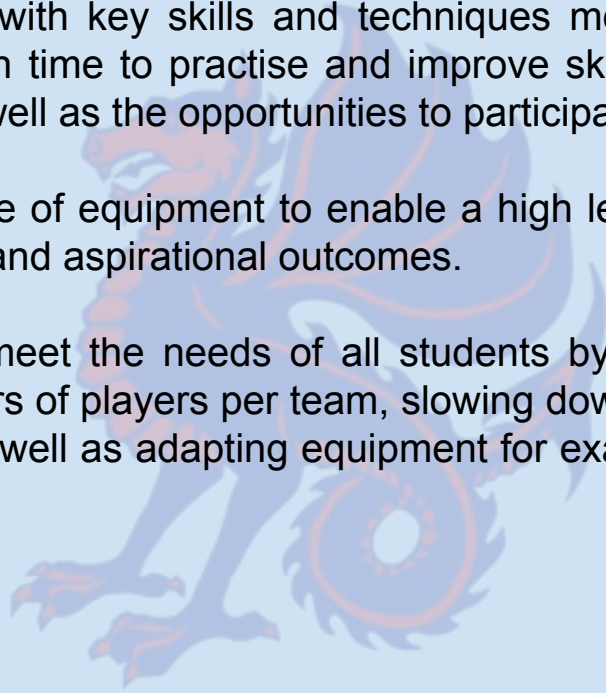
At Westlands, we are proud to use the Jasmine Real PE scheme to aid, support and assess our PE lessons. Jasmine is platform that shows inclusiveness, adaptability and self targets in a way that will enable all children to feel and have a sense of belonging and pride within their lessons. Jasmine is accessible for all teachers to deliver high quality and meaningful lessons. These work on the different areas of PE, not just the physical side. They are split into 'cogs of learning' and are; social, personal, cognitive, creative, physical and health and fitness.

Inclusive Practice - Bespoke for the subject

Throughout Westlands, learning in PE is differentiated to match each child's developmental stage. Tasks are clearly scaffolded with key skills and techniques modelled by teachers and specialist support staff. Pupils are given time to practise and improve skills such as throwing and catching; balance and coordination as well as the opportunities to participate in team games.

Pupils have access to a range of equipment to enable a high level of learning and inclusion in PE lessons to ensure motivation and aspirational outcomes.

PE lessons are adapted to meet the needs of all students by using their peers to assist where possible, reducing the numbers of players per team, slowing down the pace of the activity, providing rest periods when needed as well as adapting equipment for example lower or larger goals or even lighter balls.



Enrichment Activities

Enrichment Activities are at the heart of PE at Westlands Primary. Some PE enrichment activities at Westlands Primary include:

- A variety of termly tournaments such as net games, team games and personal best competitions.
- Olympian/ sports person visits
- Extra curricular after school clubs - Street dance, multi sports, football, swimming
- Twice termly swimming lessons for years 2-6
- Trained pupils sports leaders in KS2 to support playtimes in the younger years.
- Bikeability for upper KS2
- Fundraising through sport
- Sensory circuits
- Playtime sports activities
- Yearly sports day
- Boogie Tots workshops
- Circus skills workshops
- Working with Westlands Secondary to establish key links between primary and secondary sport.

Enrichment activities often see high levels of pupil engagement in the subject and lead to high quality outcomes, as well as providing valuable and memorable experiences.



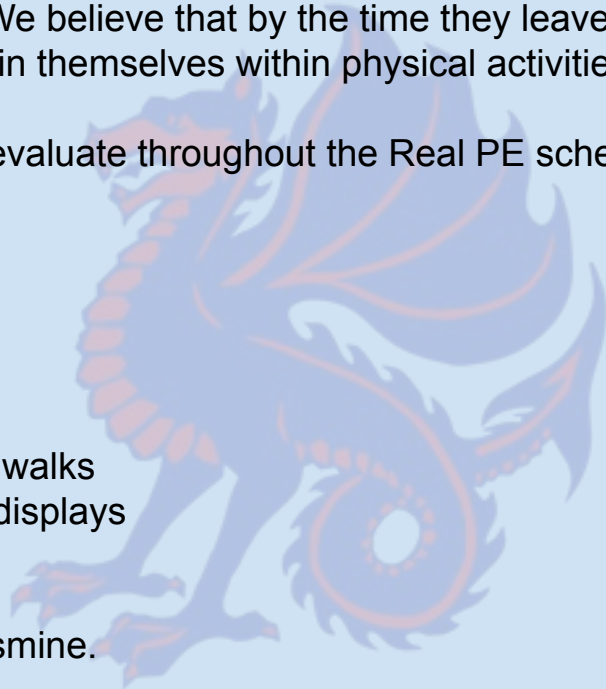
Impact of your curriculum

At Westlands Primary we measure children's progression in PE against the core curriculum skills and objectives for each year group. We believe that by the time they leave for secondary school, children will have gained the self-confidence in themselves within physical activities to develop a positive attitude towards living a healthy lifestyle.

Additionally, they will be able to evaluate throughout the Real PE scheme, comment and critique their own skills and that of others.

This will be evidenced through:

- Photographs
- Pupil conferences
- Observations and learning walks
- Completed outcomes and displays
- Real leaders
- Specialist teacher
- Assessment wheels on Jasmine.



National Curriculum

Key Stage 1 Outcomes - Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Key Stage 2 Outcomes - Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.

They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

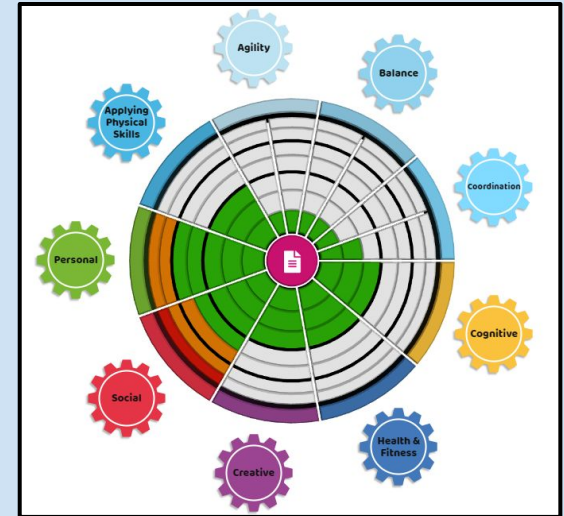
Swimming and water safety - All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to: swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] perform safe self-rescue in different water-based situations

Assessment

Physical Education at Westlands Primary School is assessed through the use of the Real PE Jasmine platform. Children are encouraged to self assess how they feel their PE lessons has gone and highlighted themselves how it may need to be improved for future lessons.

Staff encourage and manage assessment throughout the lesson and in doing so, can highlight key areas of improvement with children. This is done through modelling specific movements or techniques of the lesson, children demonstrations and whole class input.



Swimming Implementation

We are currently are using Swallows Leisure Centre for Year 5 and 6 swimming. The Leisure Centre states that “The focus of lessons is to enable every child to develop their own individual strengths, finding the quickest route to them becoming confident in the water, and becoming a competent swimmer. This is done through the utilisation of circuits and deep-water teaching approaches and changing the overall approach to lessons. As part of this new model, we are introducing a new school swimming syllabus and awards framework linked to schemes of work and lessons plans, specially designed to enable quick progression. All these changes are designed to enable every child to achieve as much as possible in lesson, improving the KS2 attainment results for your school.”

Swallows Leisure Centre provide their own assessment and children are awarded certificates at the end of each block of lessons, upon successful completion.

Their assessment is based on the wheel on the right.

Every child gets 6 swimming lessons which is partly subsidized by the Sports Premium budget.

