



## Westlands Primary School Child Friendly Safeguarding Policy



At Westlands Primary School, all staff think your health, safety and welfare are very important. In our school, we respect our children and help to protect your rights. We teach you how to recognise risks and how to protect yourself and stay safe.

Safeguarding means that school staff should:

- Protect you from harm;
- Make sure nothing stops you from being healthy or developing properly;
- Make sure you are safely looked after;
- Make sure you have the best life chances and can grow up happy and successful.

How will we try to protect you?

- We will provide a safe and secure environment for you to learn in and progress.
- We help to ensure that you remain safe, at home as well as at school.
- We think it is important for you to know where to get help if you are worried or unhappy about something.





## **What is this?**

Your school has a Safeguarding Policy for staff, families and governors. This child friendly policy is designed for you and this should be read as a guide to the main policy.

## **What is it for?**

To help you decide what could be a problem and where to get help and support when you need it.

It is really important that you know who you can talk to and also to understand why you might need to talk to someone.

## **What is a DSL?**

You might have seen or heard the phrase DSL, but what does it mean?  
DSL stands for Designated Safeguarding Lead.

In every school there is always somebody who has the responsibility to keep you safe and all staff have to tell that person if they are worried about you.






Staff have training and are taught how to keep children safe as it is the most important part of their job.


These people, who are the DSL's may have other job titles you may recognise like Safeguarding Support Officer, SENCO or Family Liaison Officer.

You can talk to any adult in school, but some staff who have a key responsibility for making sure you are safe and well cared for.

## **Our DSL's within Westlands Primary School are-**

DSLs

 Mrs Pettett Headteacher Lead DSL	 Mrs Burr Deputy Headteacher	 Mrs Meyrick FLO
 Miss Weston Safeguarding Support Officer	 Mrs Monk SENCO Assistant	 Mrs Spillard SENCO





## **Feeling safe and happy at school.**

We want to make sure you are healthy and looked after, in and out of your school. This policy looks at how every grown-up can help make you feel safe, and how you can spot if something bad is happening.

We can help you by:

- Only letting people work here who can be trusted to keep you safe.
- Teaching you how to see if people are not keeping you safe.
- Helping you if someone does not keep you safe.
- Making sure all adults in school know what they have to do in order to keep you safe

Sometimes we don't know if something bad is happening, so you need to tell us.

## **Grown-ups and other children**

The grown-ups in your life are there to help and care for you, but sometimes grown-ups do bad things to children.

Sometimes they say and do things that can upset or hurt you.

A safe grown-up can help you, but you need to tell them what is happening.

Children in our school are here to learn and try their best, just like you.

Most children are friendly, but some can do bad things.





## **Feeling safe and unsafe**

Playing with your friends or a hug from your parents or carers can make you feel safe.

If someone or something makes you feel unsafe or frightened, tell a safe grown-up and they will help to make it stop.

## **Saying no**

Most of the time grown-ups know what is best for you, like when it is time for bed or eating your vegetables, but sometimes it is ok to say no to a grown-up.

If a grown-up or another child asks you to do something you know is wrong, like stealing, or if you feel scared or unsafe, you can say no.

**It's not your fault! Don't be afraid to tell a safe grown-up**

## **Touch**

There are good and bad touches.

Good touches:

- A hug
- Help with getting dressed
- Holding hands

Bad touches can be scary, hurt or rude.

Parts of the body covered by a swimming costume or your underwear are private. Remember the NSPCC 'PANTS' rule!





Unless you need help with washing or dressing, or need to see someone like a doctor, no-one should touch this area on your body.

If a touch makes you feel scared, say no or make a sign to the person to stop.

You should also tell a safe grown-up.

## **Secrets**

- A secret is something we know but try not to tell anyone else.
- A good secret is a birthday party surprise or knowing someone is going to win a prize.
- Sometimes we have been hurt, are afraid, or don't understand what's happened.
- If someone says we must keep a bad thing a secret, that's a bad secret.
- If you think you have been told to keep a bad secret, you must tell a safe grown-up.

## **Abuse**

- When someone hurts you, it can be called abuse.
- This is when someone does something to you that is harmful, unpleasant or painful like: If someone deliberately hits you, hurts you, injures you or humiliates you.
- If someone says or does something that makes you feel bad about yourself or hurts your feelings which makes you feel scared, sad, upset or frightened.
- If someone shouts, threatens, hits or hurts someone you love whilst you are around which makes you scared, unhappy or worried.
- If someone doesn't take proper care of you, you feel alone or neglected. You might not be able to eat or wash regularly, or you might not be able to come to school every day or on time.
- If someone touches you in places you know are wrong
- If someone makes you look at things which make you feel ashamed, embarrassed, uncomfortable or guilty. They may ask you to keep it a secret or give you presents.
- Abuse is never ok and if you are being or have been abused you must remember –**it is not your fault.**
- You must always tell someone and they will help it to stop.



## **Telling a safe grown-up**

- Safe grown-ups are people who you trust to help you, just like your parents, carer or teacher.
- It is every grown-up in our school's responsibility to keep you safe and happy.
- You need to tell one of these safe grown-ups if something is done or said to you that hurts or upsets you.
- They can help you so you can feel safe and happy again.

You can tell a grown-up by:

- Speaking
- Drawing
- Making signs with your hands, face or body
- Showing or pointing to drawings or photos

After telling a safe grown-up, they can help stop the bad things happening, and you can be safe and happy again!

If you feel you can not talk to us at school, please call ChildLine, they will be able to support you and provide the help you need 24 hours a day, 7 days a week.



If you speak to a grown up, sometimes they will need to check things with your DSL's within school, and then if they can deal with the issue themselves, they will.

Please try and understand that staff and the DSL will only want to help you and make you feel supported and better about the situation.

There are times though when they may need to contact some other agencies for support.

These may be Children's Social Care (Social Workers) or Police.

This is because schools can't do everything on their own and need to work with other professionals who are best placed to help with arranging other things.

It might sound a little bit scary, but the Social Workers and Police will be specialist trained professionals who are great at helping children and young people.

There are lots of other agencies who support children and their families as well and it isn't always that people need to have a Social Worker involved with their family.

Sometimes people are Youth Workers or Mentors or Family Support Workers.

Don't worry, your DSL will talk to you and explain all of this, and you can always go and ask them questions if you are unsure about anything.

