

# WEEKLY MENU



## WEEK 1

15TH APR  
13TH MAY  
17TH JUNE  
15TH JULY  
2ND SEPT  
30TH SEPT

Cheese & Tomato Pinwheel 1,7 V  
Sweet Potato & Bean Pie VG  
Jackets with a  
Choice of Toppings 7,8,9  
Baked Potato Wedges  
Peas, Carrots  
Peach Crumble 1 VG  
& Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## TUESDAY

Beef & Onion Pie 1  
Cheesy Pasta Twists 1,7 V  
Jackets with a  
Choice of Toppings 7,8,9  
New Potatoes  
Seasonal Vegetables  
Strawberry Mousse 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## WEDNESDAY

Roast Gammon & Gravy  
Bean Chilli with  
Baked Tortilla Chips 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Rustic Roast Potatoes  
Broccoli, Sweetcorn  
Cornflake Cookie 1,7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## THURSDAY

Chicken Fajitas 1,4  
Tomato Spaghetti 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Rice  
Cauliflower, Carrots  
Traybake Pancake 1,7,9  
& Berry Sauce  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

## FRIDAY

Margherita Pizza 1,3,7,9 V  
Salmon Pasta 1,7,8  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Carrot Sticks  
Oaty Biscuit 1,15 VG  
Yoghurt 3,7  
Fruit Pots VG

## WEEK 2

22ND APR  
20TH MAY  
24TH JUNE  
22ND JULY  
9TH SEPT  
7TH OCT

Chicken Pie 1  
Pesto Pasta Bake 1,7 V  
Jackets with a  
Choice of Toppings 7,8,9  
New Potatoes  
Seasonal Vegetables  
Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

BBQ Pulled Pork Loaded Wedges  
Herby Tomato Penne Pasta 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Sweetcorn  
Courgettes  
Chocolate Pudding 1,9  
& Chocolate Sauce 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy  
BBQ Vegetable Burrito 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Rustic Roast Potatoes  
Cabbage, Carrots  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Macaroni Cheese 1,7 V  
Vegetable Hot Pot VG  
Jackets with a  
Choice of Toppings 7,8,9  
Carrots, Green Beans  
Garlic Bread 1,3,7,9  
Peach Sponge 1,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Chicken Bites 1  
Cheese & Spinach Pinwheel 1,7 V  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Coleslaw 9  
Ginger Biscuit 1 VG  
Yoghurt 3,7  
Fruit Pots VG

## WEEK 3

29TH APR  
3RD JUNE  
1ST JULY  
16TH SEPT  
14TH OCT

Sweet Chicken Curry  
Cheesy Pasta 1,7 V  
Jackets with a  
Choice of Toppings 7,8,9  
Rice, Seasonal Vegetables  
Herby Bread 1,3,7,9  
Apple Crumble 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Sausage Roll 1,6  
Quorn Sausage & Gravy 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Mashed Potato  
Baked Beans, Broccoli  
Banana & Toffee Cake 1,7,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Roast Pork & Gravy  
Samosa Puff 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Rustic Roast Potatoes  
Green Beans, Carrots  
Crispy Cake 3,7,16  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7,9 V  
Loaded Cajun Bean Wedges VG  
Jackets with a  
Choice of Toppings 7,8,9  
New Potatoes  
Sweetcorn, Peppers  
Lemon Drizzle Cake 1,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Summer Frittata 7,9 V  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Cucumber Sticks  
Caramel Cookie 1,7  
Yoghurt 3,7  
Fruit Pots VG

## WEEK 4

6TH MAY  
10TH JUNE  
8TH JULY  
23RD SEPT  
21ST OCT

Jerk Chicken  
Tomato & Herb Pasta 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Sunshine Rice  
Cauliflower, Carrots  
Ice Cream & Mandarins 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Singapore Noodles 1,3,16 VG  
Cheese & Bean Wrap Pocket 1,7 V  
Jackets with a  
Choice of Toppings 7,8,9  
New Potatoes  
Seasonal Vegetables  
Jam Tart 1,6 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy  
Vegetable Toad In The Hole 1,7,9 V  
Jackets with a  
Choice of Toppings 7,8,9  
Rustic Roast Potatoes  
Cabbage, Peas  
Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Penne Bolognese 1  
Rice & Bean Burrito 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Baked Wedges, Green Beans  
Sweetcorn, Garlic Bread 1,3,7,9  
Beetroot Cake 1,9  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Vegetable Pastie 1 VG  
Jackets with a  
Choice of Toppings 7,8,9  
Chips, Peas  
Baked Beans, Coleslaw 9  
Vegan Brownie 1 VG  
Yoghurt 3,7  
Fruit Pots VG

**KEY:**  
VG Vegan  
V Vegetarian

### AVAILABLE DAILY:

Selection of Salads 9,  
Homemade Bread 1,3,7,9.

Some of our schools may use pre prepped potatoes or  
vegetables on occasions. These may contain sulphites  
and celeriac. Please discuss with your manager.



LOOK  
OUT FOR  
OUR THEMED  
DAYS!

3K



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard  
5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs  
12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten